

## Psalm and Readings Thursday 22nd January 2026

### Psalm 76

- 1 In Judah God is known,  
his name is great in Israel.
- 2 His abode has been established in Salem,  
his dwelling-place in Zion.
- 3 There he broke the flashing arrows,  
the shield, the sword, and the weapons of  
war.
- 4 Glorious are you, more majestic  
than the everlasting mountains.
- 5 The stout-hearted were stripped of their  
spoil; they sank into sleep; none of the  
troops was able to lift a hand.
- 6 At your rebuke, O God of Jacob,  
both rider and horse lay stunned.
- 7 But you indeed are awesome!  
Who can stand before you  
when once your anger is roused?
- 8 From the heavens you uttered  
judgement; the earth feared and was still
- 9 when God rose up to establish  
judgement,  
to save all the oppressed of the earth.
- 10 Human wrath serves only to praise you,  
when you bind the last bit of your wrath  
around you.
- 11 Make vows to the Lord your God, and  
perform them; let all who are around him  
bring gifts to the one who is awesome,
- 12 who cuts off the spirit of princes,  
who inspires fear in the kings of the  
earth.

Then Noah built an altar to the Lord, and took of every clean animal and of every clean bird, and offered burnt-offerings on the altar. And when the Lord smelt the pleasing odour, the Lord said in his heart, 'I will never again curse the ground because of humankind, for the inclination of the human heart is evil from youth; nor will I ever again destroy every living creature as I have done.

As long as the earth endures,  
seedtime and harvest, cold and heat,  
summer and winter, day and night,  
shall not cease.'

God blessed Noah and his sons, and said to them, 'Be fruitful and multiply, and fill the earth. The fear and dread of you shall rest on every animal of the earth, and on every bird of the air, on everything that creeps on the ground, and on all the fish of the sea; into your hand they are delivered. Every moving thing that lives shall be food for you; and just as I gave you the green plants, I give you everything. Only, you shall not eat flesh with its life, that is, its blood. For your own lifeblood I will surely require a reckoning: from every animal I will require it and from human beings, each one for the blood of another, I will require a reckoning for human life.

Whoever sheds the blood of a human,  
by a human shall that person's blood be shed;  
for in his own image  
God made humankind.

And you, be fruitful and multiply, abound on the earth and multiply in it.'

### Genesis 8:15 – 9:7

Then God said to Noah, 'Go out of the ark, you and your wife, and your sons and your sons' wives with you. Bring out with you every living thing that is with you of all flesh—birds and animals and every creeping thing that creeps on the earth—so that they may abound on the earth, and be fruitful and multiply on the earth.' So Noah went out with his sons and his wife and his sons' wives. And every animal, every creeping thing, and every bird, everything that moves on the earth, went out of the ark by families.

### Matthew 25:1-13

'Then the kingdom of heaven will be like this. Ten bridesmaids took their lamps and went to meet the bridegroom. Five of them were foolish, and five were wise. When the foolish took their lamps, they took no oil with them; but the wise took flasks of oil with their lamps. As the bridegroom was delayed, all of them became drowsy and slept.

But at midnight there was a shout, "Look! Here is the bridegroom! Come out to meet him." Then all those bridesmaids got up and trimmed their lamps. The foolish said to the wise, "Give us some of your oil, for our lamps are going out." But the wise replied, "No! there will not be enough for you and for us; you had better go to the dealers and buy some for yourselves." And while they went to buy it, the bridegroom came, and those who were ready went with him into the wedding banquet; and the door was shut. Later the other bridesmaids came also, saying, "Lord, lord, open to us." But he replied, "Truly I tell you, I do not know you." Keep awake therefore, for you know neither the day nor the hour.

### **The Collect of the Day**

Almighty God,  
in Christ you make all things new:  
transform the poverty of our nature by the riches  
of your grace,  
and in the renewal of our lives  
make known your heavenly glory;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.